



**ADVANCED  
DIGESTIVE  
CARE**

ASSOCIATES IN GASTROENTEROLOGY

## **Associates in Gastroenterology: UPPER ENDOSCOPY (EGD)**

### **GENERAL INFORMATION**

Upper endoscopy is an outpatient procedure that uses a flexible “scope” (a tube about half the width of a finger, with a camera lens and light on the tip) to examine the upper gastrointestinal system. The procedure usually takes 5-15 minutes. Upper endoscopy is a safe procedure but **rare complications can occur, including bleeding, perforation of internal organs, or reactions to the sedation medicine.**

During the procedure, you will be lying on your left side and you will be sedated with intravenous medicine. The scope will be placed in your mouth and advanced to examine the inside lining of the esophagus, stomach, and first section of the small intestine. Depending on your symptoms and what is seen during endoscopy, biopsies may be taken. If a stricture is present, it may be stretched (“dilated”). Bleeding areas may be cauterized.

After the procedure, you may feel abdominal pressure or bloating because of air that was introduced during the procedure. This will disappear relatively quickly with belching and passage of gas. Your throat may be slightly sore, but you should be able to eat a regular diet.

### **UPPER ENDOSCOPY PREPARATION**

- Continue all prescription medicines, unless directed by your doctor.
- **If you take Aspirin, Plavix (clopidogrel), Coumadin (warfarin), or Pradaxa (dabigatran etexilate mesylate), please discuss with your doctor.**
- If you have **DIABETES**, take only half of your usual dose of diabetes medicine on the day of your endoscopy. If you have questions, please discuss this with your doctor.
- **STOP EATING 8 HOURS BEFORE THE PROCEDURE.** Drinking clear liquids is okay until 4 hours before the procedure. \*Nothing by mouth after \_\_\_\_\_.

**Because of the sedation, you are not permitted to drive,** operate machinery, drink alcohol, or sign legal documents for at least 12 hours after the procedure.

**YOU MUST ARRANGE FOR SOMEONE TO TAKE YOU HOME.** Your driver must be present to accompany you from the recovery area at the appropriate time. If your driver is not present, you may be charged a fee. You can plan on being discharged one hour after the start of your procedure.

### **BILLING FOR THE PROCEDURE:**

It is the policy of Associates in Gastroenterology that a patient is to pay their copay and/or deductible in full prior to having their procedure done.

Procedures are billed in four parts (thus you may receive up to four bills for a procedure.)

The four aspects that are billed for a procedure are:

- Physician Fee
- Facility Fee
- Anesthesia Fee
- Pathology Fee

**Associates in Gastroenterology encourage you to investigate your insurance coverage and benefits prior to having your procedure.**

The following is information that may be useful to you during this process:

Your Diagnosis Code: \_\_\_\_\_

EGD Procedure Code: **(43239)** EGDw/Dilatation: **(43249)** EGDw/Bravo: **(43239, 91035-26)**

Anesthesia Billing Code: **(00740)**

\*For procedures done at a hospital facility, all billing -except the Physician Fee- will be handled through that location’s billing department.

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**SCHEDULING**

**Your procedure is scheduled**

with Dr. \_\_\_\_\_ at : \_\_\_\_\_ on \_\_\_\_\_ (mo/d/yr), at:

Facilities:

- ENDOSCOPY ASSOCIATES, 14010 Smoketown Rd. (in the back), Woodbridge
- ENDOSCOPY ASSOCIATES, 8140 Ashton Ave., Suite 212, Manassas
- ENDOSCOPY ASSOCIATES, 2616 Sherwood Hall Ln., Suite 203, Alexandria
- Lorton Ambulatory Surgical Center, 9321 Sanger St. Suite 200, Lorton

**\*\*\*\* PLEASE ARRIVE at \_\_\_\_\_ ON THE DAY OF YOUR PROCEDURE \*\*\*\***

If you have questions, please call:

Alexandria office (703) 823-3750

Manassas office (703) 365-9085

Mount Vernon (703) 360-0594

Woodbridge office (703) 580-0181.

If it is after normal office hours, and you have an urgent question that cannot wait until the following business day, you may call the office and be connected to the physician on call.

**IF YOU NEED TO CANCEL YOUR PROCEDURE**, you must call the office. If you cancel within 3 business days of your procedure, **you will be charged one hundred fifty dollars (\$150).**

\_\_\_\_\_ I understand the potential benefits and risks of the procedure;

\_\_\_\_\_ I am responsible for charges related to my deductible, co-insurance, or co-payment;

\_\_\_\_\_ I am also aware of the cancellation fee.

\_\_\_\_\_  
Print Patient Name

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date



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Facilities:

- Alexandria Hospital 4320 Seminary Road, Alexandria, Endoscopy Services to the left of Visitor's Entrance
- Potomac Center at Sentara Medical Center 2296 Opitz Blvd, 1<sup>st</sup> Floor, Suite 130, Woodbridge
- Prince William Ambulatory Surgical Center, 8644 Sudley Rd., Suite 201, Manassas
- Stafford Hospital, 101 Hospital Center Blvd., outpatient registration, 1<sup>st</sup> Floor, Stafford